

# RELATIONSHIPS GUIDE

ALSO KNOWN AS LOVE RAMBLINGS

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ISSUE 1



THE COLORS MAGAZINE

painting with life's colors

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## Love is What Makes You Smile When You are Tired



\*Picture credit – Eleanorah (<http://eleanorah.deviantart.com>)

Every day is a battle. Every. Single. Day. It starts the moment you struggle yourself out of your bed in the morning and ends in the late evening when your seemingly restless mind finally gives up to sleeping.

Every minute of the day you fight. You fight your own fears, your insecurities. You try to be the best in everything you do. Each task, each assignment. You are trying to find who you are, where you belong. You search for the answers, and when you don't find them, your mind creates new questions and then even more of them.

You struggle against uncertainties. You fight for the better future. You are who you are but you know you can be more than that. And you are trying to prove it.

To prove that you are good enough. To prove that you can achieve whatever you want to.

You are setting goals. And to get near them is a small battle in itself. Each one of them. During the day you pull yourself through dozens of small fights. And at the end of the day, you are exhausted, overloaded with emotions, good and bad. You don't have energy for anything.

You just don't... So you crawl onto your bed, wrap yourself into a blanket and are trying to pretend like you are okay... but your mind keeps proving you wrong. Just in the middle of a serious discussion your mind and you are having, the phone beeps.

A message.

Three words.

All you needed to hear, or rather to read.

That's when mind finally gives up.  
That's when heart means more.

*Love is what makes you smile when you are tired, someone said.  
I just smile.*

If you want to know where your heart is, look where your mind goes when it wanders.

## I Have Wings

*"I'm afraid of falling," she said.*

*"I have wings," he whispered.*

How did it happen that we have become so cynical about love? How dare we say that the meaning of love is overrated? Who has given us rights to say *"I love you"* and then betray someone's trust, play with someone's feelings, laugh at someone's emotions?

What is wrong with today's world? What is wrong with us if we got used to make a show using the purest of all feeling, the crown of all emotions, using LOVE as a game.

Someone once said

*"Someday someone might come into your life and love you the way you've always wanted. If your someday was yesterday, learn. If your someday is tomorrow, hope. If your someday is today, cherish."*

But how can we cherish if we doubt the whole idea of love, how can we hope if we don't believe, and how will we learn if we failed to be true to ourselves and the one we loved?

*I can conquer the world with one hand, as long as you're holding the other.*

What happened to the sweetest feelings, to beautiful expressions, to trust, understanding, care...

Do we still remember what **LOVE** is?

It is not about all the hugs, kisses, the number of gifts or flowers. It's more about how you feel when you are with that one special person. When you are on top of the world and every sensation is not the same anymore. The scents are sweeter, the colors seem brighter, the sounds more romantic. And the world seems to be so much more beautiful.

*"I'm afraid of falling," she said.*

*"I have wings," he whispered.*

But what does this world mean when it seems to disappear once you are with the one you love. And nothing else matters. All you ever want is to spend the rest of your life with that person.

And this person will make you happy when you are sad, will understand your imperfections and see through them perfectly, will wait patiently just to hear your voice before they go to bed every night... This person will believe in you and your purpose, won't care what you do or how much money you make, they will be there when the whole world will be against you, and they will be there when the whole world is with you.

No matter what, no matter when, no matter why... they will be there for you.. always and forever.

And then every night you will lie in your bed and whisper to yourself while the whole world already knows... **"That's him"** (as a variant **"That's her"**).

A kiss is just a kiss  
till you find the one you love.  
A hug is just a hug till you find the one  
you're always thinking of.  
A dream is just a dream till it comes true.

**Love is just a word  
till you hear it from that special person.**

## It's Just a Little Too Late

You say you are sorry  
you promised to pick me up at 8 to go out  
together but never showed up.  
**You know it's just a little too late.**

You say you are sorry you promised to call  
me back every time but never actually did.  
**You know it's just a little too late.**

You say you are sorry you promised to  
help me with some work but instead went  
to a bar with your friends.  
**You know it's just a little too late.**

You say you are sorry you promised  
to support me but never did.  
**You know it's just a little too late.**

You say you are sorry you promised to  
care for me but these were just words.  
**You know it's just a little too late.**

You say you are sorry you promised to dry  
my tears but you always were the one who  
made me cry.  
**You know it's just a little too late.**

You say you are sorry you promised me to  
reply to each one of my mails but instead  
you even haven't read some of them.  
**You know it's just a little too late.**

You say you are sorry you promised to  
spend my birthday with me but you even  
forgot the date.  
**You know it's just a little too late.**

You say you are sorry you promised  
to marry me but instead you just walked  
out of my life.  
**You know it's just a little too late.**

**Promises mean everything but after they  
are broken a sorry means nothing.**

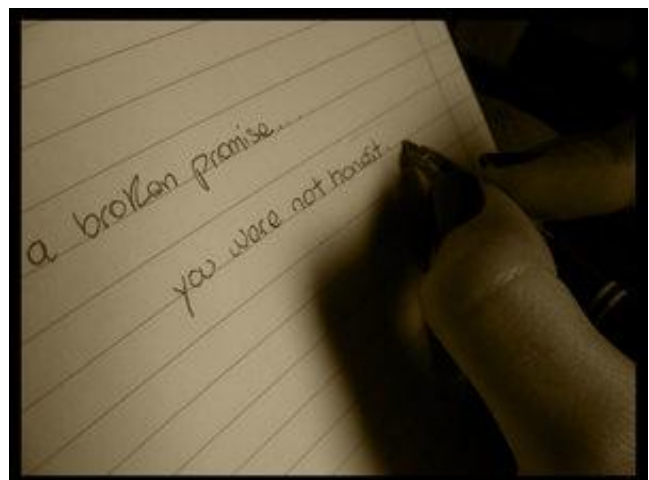
You say you are sorry you promised  
to love me forever but never meant it.

And now you say "I love you"  
and you do mean it.  
**You know it's just a little too late.**

**You say you are sorry... I am not...**

Every  
forgotten  
promise  
reminds me  
I won't forget  
your broken  
wings on that  
rainy day...

Joydrop "Until"



\*Picture credit – MakeMePure (<http://makemepure.deviantart.com>)

## Trust Issues: Forgiveness after Cheating

*You may be deceived if you trust too much,  
but you will live in torment if you don't trust enough.  
-Frank Crane*

Trust is a dangerous thing. And it is such a great responsibility. Trust does not only mean being true to someone even when the whole world is against them, it is not only the belief that the other person will be there for you and catch you when you fall, it is not the faith in them or knowing they won't betray or lie or cheat. It is more than just that. Trust involves all your thoughts and emotions being given to that someone else so that they could have it and keep it safe for you.

Trusting the other person means you are comfortable with gifting them the truth about yourself, showing them the vulnerable You and believing they will handle everything with utmost care. Trusting someone involves you being comfortable with the truth and what they feel and think.

Trust is a great power. But at the same time it is one of the most fragile things. Once you put your trust into someone and they drop it and shatter on the ground, it is hard to be replaced.

And sometimes to shatter it you even don't need a proof, just a hint, a suspicion, one word. And the world is not the same anymore. Because it lost something it was based on, the Trust.

When you first realize that promises of forever love were broken, that you are being told lies, that the one you care and love the most was cheating on you, your small world crashes and you think life is an illusion. People are not real, feelings are made up. You are lost.

You trusted them to keep your heart in one piece and now they broke it into million of pieces which you even don't want to collect.

But what hurts more: the broken heart or the broken trust? The fact that you trusted your life, your feelings, your emotions to someone who didn't know what to do with them and found no better way other than crashing all hopes and breaking all promises?

One moment they say they will love you always and forever, and the next second you understand it is all a big lie. Always and forever do not exist. And you learn to accept the truth, to hide the pain and to smile with tears in your eyes. And you try hard to collect finally the pieces of that poor heart and bring them together.

But can you bring back the capability of trust? Especially when that one person regrets their mistake and asks for forgiveness. What do you do? Just pretend they don't exist or let them into your life again? What do you do when that one person who was meant to be the love of your life, your best friend, your soulmate, the one you could always share your dreams and desires with... what do you do when they want to come back? When they smile at you and your heart melts, when they say they love you and you want so much to believe, when they ask for permission to be there

**Always and Forever?**

What do you do? When they ask for the second chance, and you know you love them. When you think about them all the time, in the mornings, during days and before you fall asleep, too.

When they say things and you want to believe they mean it. But trust is gone. You want to believe but you don't know how. And everyone around tells you not to go for it again, because they don't want you to get hurt more.

Don't believe to those who say if there is no trust there is no love. Sometimes you love them but you just can't trust them, and that sucks.

Of course they too realize they need to work on getting that trust back, but it doesn't make things easier for you. You are confused and scared. Confused because you don't know what to believe – your heart or your experience. Scared to be hurt again. But you still remember that one person knows you better than anyone else.

That's someone who knew you and accepted you, before anyone else did. Or when no one else would. And no matter what happens, you will always love them.

### **Always and Forever.**

You just have to learn to trust again. And the best way to find out if you can trust somebody is to trust them. And then the trust is either there... or it's not. And it is not that simple, and it can take a lot of time to get it back, and a lot of effort, and you might be mistaken too. But maybe sometimes we should be able to take our chances, some things are worth risking. You just have to try because every second chance begins with a first step. And maybe one day you will be the person who needs this second chance.

Some people say  
*Never trust someone who lies to you,*  
I would say  
*Never lie to someone who trusts you.*

**But in the end it is up to you who to give your trust to,  
just sometimes you can build it up for the second time and maybe it is worth a try.**



\*Picture credit – ~Nastiona (<http://nastiona.deviantart.com>)

*In love we trust...*

## No One Waits Forever

*"I love you!" he said looking into her sparkling eyes and waiting impatiently for a reply from her side. She blushed and whispered "I love you too" maybe a little too fast but who cares since these were words he has been waiting for so long. He gave her a soft kiss on lips and they went together on the path of a new and happy life... life together" - He woke up from his dream knowing it would never come true as she got married just last month.*

*"I love you" she repeated again and again. Felt so good to be able to say it out loudly. And to hear the same magical three words back. To know that you are loved.... - The phone was ringing.. She came back to reality. Never has she said these three words because he died one year ago and never knew about the way she felt about him.*

How often we hesitate to share our feelings, to confess our love, to tell about the way some people make us feel? How often we wait for a perfect moment to let them know? And how often we are too late because someone else would do it before us and things will just go wrong?

Who told you there is a perfect moment? Do you know what a perfect moment looks like? Maybe the perfect moment is just now? Maybe it was yesterday? Maybe it will never happen?

How do you know? And what will you do when it comes (if it does)? Are you prepared? Do you know what to say? How to say it? Considering this perfect moment is NOW. Are you ready?

We always wait for a better opportunity, a better place, a better time point. We just hope tomorrow will be a better day for this. We always wait for tomorrow, but.... maybe we shouldn't?

Instead of waiting for a perfect moment shouldn't we create one for ourselves?

Because  
what if tomorrow never comes,  
what if you take too much time,  
what if they don't manage to wait for your confession?

### Nobody waits forever....

*"I love you" he finally said looking directly into her eyes waiting eagerly for her reply... "I am sorry", she replied and he couldn't hide the tears of pain and regret as his life just broke into million of pieces.*

Is it something you are afraid of?  
Of being rejected?

Sometimes we don't say important things because we are afraid to get a not "supposed" answer.

Because before we have shared the feelings we always have this HOPE that maybe they feel the same for us. And after we confessed we are on a 50/50 edge. And a negative reply will kill all the hope.

Now think... what you risk here? On one hand you might get to know what love is when it is shared by both... and on the other you will lose the chances to be with someone you love because they don't feel the same for you.

Wouldn't you want to risk?? Why not? After all it is not something you can change. Whatever they feel they already feel it.

If you confess and a reply is positive, do you lose anything?

And if you confess and are rejected, what you lose? Just something that has never been yours..

Thing is only that if you dont do it, it might become late. World won't stay still until you finally decide what you want to do.

Life will go on. **No one waits forever.**

*"I love you!" he said looking into her sparkling eyes and waiting impatiently for a reply from her side. She blushed and whispered "I love you too" maybe a little too fast but who cares since these were words he has been waiting for so long. He gave her a soft kiss on lips and they went together on the path of a new and happy life... life together.*

## Does It Hurt?

People say love hurts.

Does it?

Loneliness hurts.

Losing someone hurts.

Being rejected hurts.

Indifference hurts.

### But does love hurt?

Does it hurt when you have this one person... and no matter for how long you haven't seen each other and for how long you haven't talked, you do come back to them every time and fall for them all over again and you love them, whether its wrong or right. You just do...

### Does love hurt?

When you had a tough day and come back home and have this someone to hold you. Just to hold you, not giving a hug, you know. But hold you tight and take all your worries away.

### Does love hurt?

When you know you are not alone and can rely on someone? Can believe? Can trust?

People say love hurts, but maybe that's the only thing in the world that actually does not.

**If you love someone tell them...  
because hearts are often broken by words left unspoken.**

## How to Survive a Long Distance Relationship or I Think I'd Miss You Even if We'd Never Met

In times when computers replace people and are the only mean of communication, there happened to appear a special type of relationship.

The one we call Long Distance relationship.

It is already complicated to make a relationship work but more complicated it is to make a long distance relationship work. When there are miles, countries and lots of people in between. When the only time you get to hear the voice of the person you love is on the phone, and when you long to be with them every minute, every second of your life but realize it is hardly possible.

Such relationships are not much different from any others. Love is love no matter how far you are from each other. And they require the same level of understanding, care, trust and faith as a regular relationship... Just let's say multiplied by 10 or maybe even 100.

Being far away from someone you love you worry more than usual, you care more than usual, you miss more than usual. Just because unlike many other people you can't receive it or give it any moment you want to. And because the person you need most of all when you feel down can't be always for you there. Though you understand that it is not their fault.

The most important issue here is communication. Thanks to technology we get many opportunities for this. But it is not always possible because of some personal situations like running a busy schedule or not having Internet access and what not.

Sometimes it might happen you are not able to talk properly for few days. And of course it doesn't help much in having positive thoughts. Having understanding is important here because once you lose this sense of reality and understanding it might even lead to paranoia.

Important is I believe not to expect much, I mean sometimes a simple "hello" or a missed call are enough because they make you realize the person you love is thinking about you and is caring too.

Small things might become big ones. Good and bad. Short e-mail with just "I love you" in it will make your day but when you don't talk for a couple of days you start going crazy and worrying that he/she might be sick, dead or what even worse dating someone. Come on, why instead of this you just don't think that he/she just couldn't connect to Internet and the phone wasn't working. Why is it in human nature to think about bad things from the very beginning??

In LDR the most difficult thing is building up trust and faith. Once you have it, and it should be 100%, things go a little bit easier. You don't go crazy about every little thing he does wrong and every new girl in his office.

Trust is something that should be earned with time and it is not easy especially because you are far away but if you love someone shouldn't you be completely devoted to him/her, giving 100% to everything including trust and faith. When you believe in yourself, your partner, the feelings you share, this belief shouldn't be just like 50% or 70%.

Only 100% is appropriate.



\*Picture credit – Ine Spee (<http://eenuh.deviantart.com/gallery/>)

Long distance relationships are extremely difficult and we all know this. You get emotionally attached to a person you cannot touch or comfort. No hugs, kisses, even no hands holding. And sometimes that is what you need a lot and it hurts badly when you don't get it and it makes a mess up out of your emotions and feelings. No advice can be given. Staying strong and believing in what you have is the only way out. Only you together can survive through all this, sharing things, discussing problems, being together when being far away. Once you get to worry about something you have to discuss it. Our lives begin to end the day we become silent about things that matter. And it is so much true especially when you can't be with someone you love and discuss these things directly.

Difficult is also that people around you don't understand why you are so much preoccupied with someone you rarely meet or maybe even never met before. That might hurt but that's their position. In the end you know what you feel, don't you?

Every kind of relationship is always a hard work and a complete dedication and devotion to someone you love. Important is to stay true to your own feelings, to be strong, and to believe that things will work out well. Even though everyone around says they won't.

The most complicated thing of it is missing someone you love, missing their presence, missing their smiles and laughs, their touch, the sound of their voice. But then if you love someone, aren't they already there? Always with you, in your heart, in your mind. And if you know they feel the same way it makes things a little bit less complicated.

When you love someone, they never get lost; wherever they go, they are still somewhere in your heart and as long as they know that, they will always know that when they find you, they find themselves once again. Let's believe they know. And that no matter how hard it might be you will manage it because in life what isn't hard isn't worth having at all.

## I Miss You

*"Sometimes, when one person is missing,  
the whole world seems depopulated."  
Lamartine*

*There are some days when everything falls apart.  
When things go wrong.  
When nothing goes your way.  
When you want to cry but can't.  
When you feel lost and alone.*

*There are days when you miss someone you love more than you usually are used to, no matter if they are just a few or few thousand miles away.*

Even having lots of good friends around on those "special" days won't help you much. You are sure grateful to them for being there, because you know they are ready to do everything to make you feel better. But that's exactly the case when **EVERYTHING** won't be **ENOUGH**.

And they won't be able to stop this desperation and frustration you are going through because they are not the reason for this.

And you will try to make yourself believe how much a good thing it is to have someone so special to miss and how nevertheless you are in their heart even if you are far away and this thought is supposed to make you feel warm, but sometimes it just does not.

Sometimes you need more than just a thought.

Sometimes you need to hear their voice.  
Sometimes you need to look into their eyes.

Sometimes you need just to lean on them, to feel they are there...

Unfortunately sometimes it is not possible.

It is interesting that you might miss someone that much even if you just have seen each other in the morning, talked on

the phone a minute ago or finished your chat right now.

Missing someone is never about how long it has been since you have seen them last. It also isn't related to the amount of time you spent with them lately.

Somehow it is about this very moment. Right here and right now, when you are doing something and wish that they were right there with you. But they are not.

All you want is just to share some good news with them because it will be good news for them too.

Or to share your troubles because that's the way you can lessen your pain.

Or to share smiles and laughter because you are so much used to having them around when you are happy.

Or you just want them to dry your tears because only they can make those tears disappear.

But most of all you just want them to be there.

And you wonder if they understand what you feel, and how much you miss them. And you wonder if they miss you at all and how much.



\*Picture credit – nono-sukar (<http://nono-sukar.deviantart.com>)

And you wonder if they are so close in your heart, then why this is not enough and why they seem to be so far away.

There are days when you miss someone so much that the entire world seems to be in darkness.

*There are some days when everything falls apart.*

*When things go wrong.*

*When nothing goes your way.*

*When you want to cry but can't.*

*When you feel lost and alone.*

*There are days when you miss someone you love more than you usually do, no matter if they are just a few or few thousand miles away.*

**And on these days you want them to miss you too...**

*Love is missing someone whenever you're apart, but somehow feeling warm inside because you're close in heart.*

*Kay Knudsen*

*If I never met you, I wouldn't like you.  
If I didn't like you, I wouldn't love you.  
If I didn't love you, I wouldn't miss you.  
But I did, I do, and I will.*

**Missing you could turn  
from pain to pleasure,  
if I knew  
you were missing me too.**

Love can sometimes take weird forms and shapes.

It is too far from simple. Love is very complex: a mixture of everything. It is sadness, joy, passion, hatred, excitement. Every feeling you ever had or you can imagine. You know it is love when just a simple smile of that special one can brighten up your day, you are too afraid to lose them because it took you a long while to find them, you can't stand it when they are not with you. It is when you know what they would say even before they do this, when you answer their questions even before they ask them, and when love comes you just know it is there... it takes your breath away and never gives it back.

That is love.  
Nothing less.

But if you fall for it and nobody catches you will you dare to fall again? Or if torn between two, who would you chose? The one that you love... or the one that loves you?

Love can sometimes take weird forms and shapes, but does it really matter?  
After all it is LOVE. Nothing less.

## To Be Continued...

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**Relationships Guide Issue 1** was brought to you by **The Colors Magazine**

Life is a true miracle. The one that we fail to see because we are too stressed out, analyzing, thinking, expecting. And while we are so much busy, it happens somewhere out there. It happens in silence, it stays unnoticed. We find it boring; we don't see it as something extraordinary. And we are disappointed.

The idea of The Colors Magazine is to make the readers notice the beauty of life and let them color their miracles as bright as rainbows.

The Colors Magazine is a place where we are painting with life's colors. Whatever it might be that keeps you thinking or worrying or smiling, you can find it here.

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